

## Patient Application Instructions

**BEFORE USING THE DEVICE, PLEASE READ THE INSTRUCTIONS FOR USE COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.**

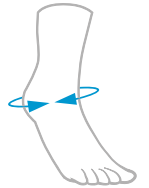
### APPLICATION INFORMATION

- The product can be worn over a sock.
- For additional support and stability, we recommend to wear a closed shoe with the brace.
- For increased immobilization and protection, use the lateral stay

### SIZING INFORMATION

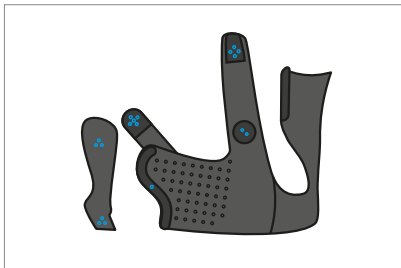
| SIZE | HEEL CIRCUMFERENCE* | EU SHOE SIZE |
|------|---------------------|--------------|
| S    | ≤ 30 cm             | ≤ 38         |
| M    | 30-34 cm            | 38-43        |
| L    | ≥ 34 cm             | ≥ 43         |

\*For more accurate sizing

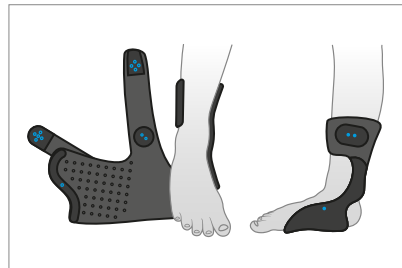


Measurement taken around the heel

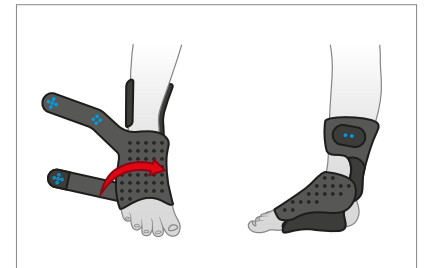
### WITH THE LATERAL STAY



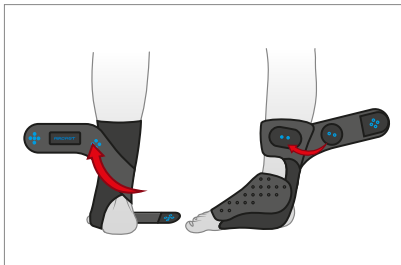
**1.** Unfasten the straps, remove the lateral stay and open the brace.



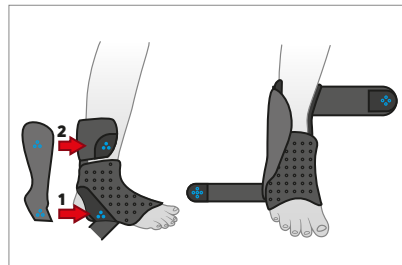
**2.** Slide foot into the back of the brace. The rigid part should be against the inside of the leg.



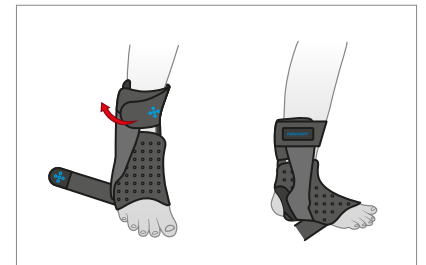
**3.** Fasten the hooks of the forefoot strap (●) to the loops of the rigid part (●). The strap should be fastened tightly while remaining comfortable.



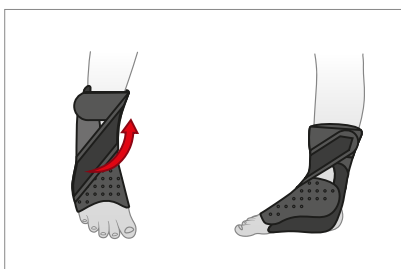
**4.** Guide the calf strap around the back of the leg and fasten it to the top of the rigid part of the brace using the hook and loop fasteners (●●).



**5.** Using the hook and loop fasteners, first attach the bottom part of the lateral stay (●●) to the bottom of the brace, followed by the top part of the lateral stay (●●) to the top of the brace.



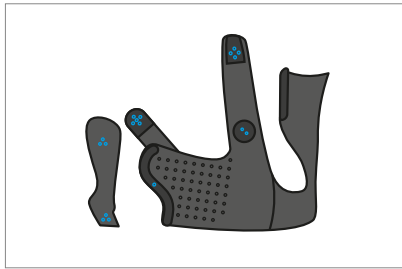
**6.** Wrap the calf strap around the leg and fasten it to itself (●●●).



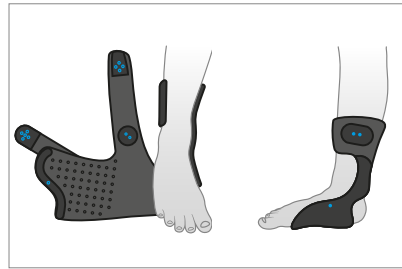
**7.** Pull the anti-supination strap diagonally across the instep and fasten it to the calf strap at the top of the brace (●●●). The strap should be fastened tight enough to avoid supination movements.

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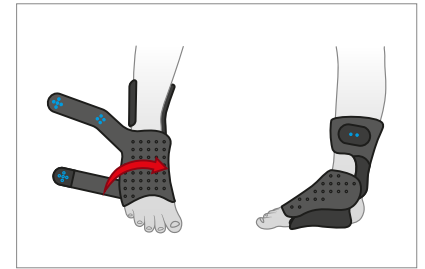
### WITHOUT THE LATERAL STAY



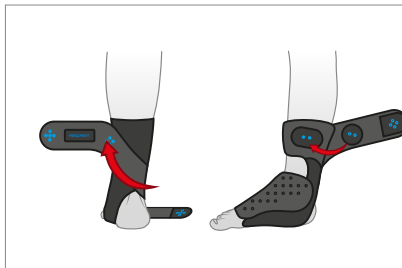
**1.** Unfasten the straps, remove the lateral stay and open the brace.



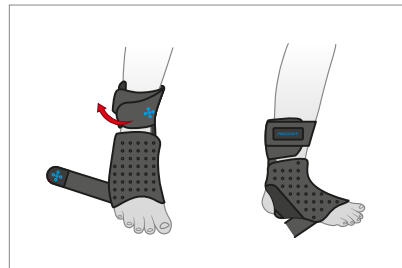
**2.** Slide foot into the back of the brace. The rigid part should be against the inside of the leg.



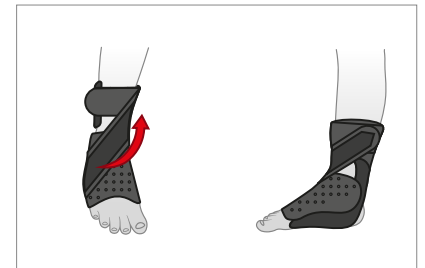
**3.** Fasten the hooks of the forefoot strap (●) to the loops of the rigid part (●). The strap should be fastened tightly while remaining comfortable.



**4.** Guide the calf strap around the back of the leg and fasten it to the top of the rigid part of the brace using the hook and loop fasteners (●●).



**5.** Wrap the rest of the calf strap around the leg and fasten it to itself (●●●).



**6.** Pull the anti-supination strap diagonally across the instep and fasten it to the calf strap at the top of the brace (●●●). The strap should be fastened tight enough to avoid supination movements.

### INTENDED USE / INDICATIONS:

ActyFoot™ is designed to provide support, stabilization and partial immobilization (restriction of movement) of the ankle.

- Acute lateral ligament injuries
- Acute ankle sprains and ligament ruptures
- Prevention of further injuries in preoperative chronic ankle instability
- Protection of ankle joint

### WARNINGS AND PRECAUTIONS

Please see Instructions for Use for a full list of contraindications, warnings, and precautions.

- We recommend that the first application be made under supervision of a health care professional.
- If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult a healthcare professional immediately.
- Do not drive while wearing the brace as your ability to brake may be impaired.

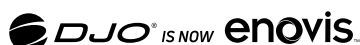
### CLEANING INSTRUCTIONS

Hand wash (30°C max) with mild detergent.

### INTENDED FOR SINGLE PATIENT USE

### NOT MADE WITH NATURAL RUBBER LATEX

NOTICE: While every effort has been made in state-of-the-art techniques to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.



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